

Supplementary material

COVID-PSS-10 items.

1. I have felt affected as if something serious will happen unexpectedly with the epidemic.
2. I have felt that I am unable to control the important things in my life due to the epidemic.
3. I have been nervous or stressed by the epidemic.
4. I have been confident about my ability to handle my personal epidemic related problems
5. I have felt that things are going well (optimistic) with the epidemic.
6. I have felt unable to cope with the things I have to do to control the possible infection.
7. I have felt that I can control the difficulties that could appear in my life due to the infection.
8. I have felt that I have everything under control in relation to the epidemic.
9. I have been upset that things related to the epidemic are out of my control.
10. I have felt that the difficulties accumulate in these days of the epidemic and I feel unable to overcome them